

Organization: WakeMed Intensive Care Nursery

County: Wake

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Raleigh, N.C. 27610

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Website: <http://www.wakemed.com/body.cfm?id=294>

Project: Educational Resources for Mothers of Children in the NICU

*****Below are excerpts from their final report*****

About the Project: This grant was used to purchase five DVD players to allow parents to more fully participate in the educational opportunities in the Intensive Care Nursery. The parents will have the opportunity to view videos focusing on maternal physical and emotional health (as well as baby care).

Successes: The impact for our families is great. The more education they receive increases their parenting skills and comfort level when preparing for taking their infant home. It also allows us to provide more education in the areas of postpartum depression and SIDS risk reduction. More families will have access to our video resources now.

Our partnership with N.C. Healthy Start Foundation recognizes the importance of community collaboration to benefit the healthy start of babies. At the same time, this outreach program strengthens the family unit through increased access to community resources and support. By empowering families to make healthy lifestyle choices, we hope to see an increase in their overall health and happiness.